

## Holy Transfiguration Melkite Greek-Catholic Church

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Rt. Rev. Joseph Francavilla, Pastor 703-734-9198      Rt. Rev. Charles Aboody 703-734-9198  
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Deacon Joseph Olt 301-663-3532

Website: [www.holytransfiguration.org](http://www.holytransfiguration.org)

Facebook: <https://www.facebook.com/HolyTransfigurationMelkiteMcLeanVA>

**Church Services:** Saturday-6:00 PM Vespers (Confessions available) Sunday-9:15 AM Orthros (Confessions available)  
10:30 AM Divine Liturgy (Coffee Hour following)

### February 26, 2017

H & S Newly Illumined Servant of God, Edison Scott Sebastian Ailabouni-Smitson  
H & S Newly Illumined Handmaiden of God, Olivia Dominique Riachy  
H & S Michael Hajjar, who offers the holy wine  
H & S Greta Coe - Michael & Anne-Marie Coe  
+ Charles Marquardt **MEMORIAL** - Family  
+ Antoinette Fakhouri - Protodeacon David & Cathy Baroody  
+ Hunter Fournety - Sebastian Byrum  
+ Anne Gallagher - Family  
+ Laurice Jagganathan - Family  
+ John Murray- Mary Baroody  
+ Caynaan Saah- Family  
+ Adel Saba - Henry & Marianne Murad  
+ Reema Samaha - Family  
+ Adele Sawaya- Family  
+ George Tabash - Family

### Schedule at a Glance

Sunday, Feb. 26	<b>Cheese-Fare Sunday</b> Sunday School/Baptism, 9:15 AM Divine Liturgy, 10:30 AM Forgiveness Vespers, 6:00 PM
Monday, Feb. 27	Presanctified, 7:30 PM
Tuesday, Feb. 28	Vespers, 7:30 PM
Wednesday, Mar. 1	Presanctified, 7:30 PM
Thursday, Mar. 2	Great Compline, 7:30 PM
Friday, Mar. 3	Akathist 1, 7:30 PM
Saturday, Mar. 4	Divine Liturgy, 10:30 AM Vespers, 6:00 PM
Sunday, March 5	<b>Sunday of Orthodoxy</b> Sunday School/Baptism, 9:15 AM Divine Liturgy, 10:30 AM Forgiveness Vespers, 6:00 PM

**FLOWERS** for Akathist are donated by the Bseirani Family and by Brenda Kfoury in memory of Virginia Kfoury.

**FLOWERS** for the Feast of St. Theodore were donated by Dn. David & Linda Black in memory of Theodore Baroody

**DEACON HELPER SCHEDULE** The schedule below is for the remainder of the month of and February:

2/26 - Nicolas Chrusch

**CONTRIBUTION STATEMENTS** are now available, please send in your request to Sam Hondros at [shondros@usptax.com](mailto:shondros@usptax.com)

**THE IDEAL IS SET BEFORE US** – The Holy Canons specify the following from sundown of Cheese-Fare Sunday to Holy Pascha:

**ABSTINENCE** of meat (including poultry), meat products, dairy products, fish, olive oil, and wine.

**NO ABSTINENCE** of shellfish, fruit, vegetables, vegetable products.

During this time, Orthodox Christians regulate both the amount of food they eat and the number of times they eat each day. In other words, no food should be eaten between meals and at mealtime only a small portion of food should be eaten.

On Saturdays and Sundays during the Great Lent the quantity and number of times food is eaten is not restricted and olive oil and wine may be taken.

**PLEASE JOIN US** in the Church Hall after Divine Liturgy on Sunday, February 26, for a Potluck Luncheon in celebration of Cheese-Fare Sunday. We ask that each person or family bring food to share in a disposable container and deliver it to the kitchen before Divine Liturgy. (Remember: No meat or meat products are allowed; dairy products and eggs are permitted.)

**COME TO OUR ANNUAL CHEESE-FARE** on Sunday 26 February and pick out a book to enrich your Lenten experience! Most books will be discounted 20% for this one-day event! Many of our in-stock icons will be reduced 20% as well! How about a new icon to carry in church for the Sunday of Orthodoxy (5 March).

**SUNDAY SCHOOL NEWS** Have you wondered about how you can best keep the Great Lent as a family? Join us after the Cheese-fare Luncheon **TODAY** and Sunday School will provide you with prayers, activities and information that you may use in helping your family on the path to Pascha. We will make Holy Qurban to offer for the H & S of your family. Ikons and prayer ropes will also be made. An afternoon of presentations and activities for all the family is planned. Forgiveness Vespers takes place at 6:00 PM, and we will have the opportunity to ask forgiveness of everyone as we begin the Great Lent. Everyone is welcome. Please let either Cathy Baroody or Georgianna Kostak know if you plan on participating.

**GREAT LENT ADULT EDUCATION Lunch 'n Learn Series** – The Education Committee is offering a series of Lenten Lunch 'n Learn talks during the first five Sundays of Great Lent. The talks will be offered from 12:30-1:30 in the Parish Hall based on the following schedule:

- March 5- A Light from the East Over Antioch
- March 12 - St. Gregory Palamas and Eastern Christian Prayer
- March 19 - A Spirituality of the Cross and Great Week Services
- March 26 - The Path to Heaven - The Ladder of Divine Ascent
- April 2 - St. Mary of Egypt and Repentance

Please bring a Lenten dish to share if you are able. All of them are welcome.



**Caught You Listening!**

Gospel: Matthew 6:14-21

Draw a line from the beginning of the sentence in column A to the end of the sentence in column B.

A	B
Forgive	up treasure in heaven.
Fast	and they will fall apart.
Store	and God will not forgive you.
Don't forgive	and that will be your only reward.
Draw attention to your fast	and God will forgive you.
Collect early treasures	where your heart is.
Your earthly treasure is	in secret.

**IN YOUR CHARITY**, please remember the following in your prayers: Anastasia Kalil, Nicholas Kotula, and Kelly Wolff.

**This bulletin is sponsored by the Kfoury & Eiland families in memory of Virginia Kfoury & Marie Kfoury Singer.**