

Holy Transfiguration Melkite Greek-Catholic Church

8501 Lewinsville Road, McLean, VA 22102

Parish Office: 703-734-9566

Parish Email: office@holytransfiguration.org

Livestream & Past Recordings: youtube.com/c/HolyTransfigurationMelkiteGreekCatholicChurch

Rt. Rev. Mark Melone: 703-734-9198

papamarcopastor@gmail.com

Rev. Ephrem Handal: 240-631-1318

Rev. Elias Dorham: 202-417-6145

Protodeacon David Baroody: 703-729-6785

Deacon David Black: 202-577-3235

Deacon Joseph Olt: 240-651-0103

H & S Newly Illumined Servant of God, Jarrod Scott Carlson
 H & S Presbyter Basil Samra - Family
 H & S Protodeacon David & Diakonissa Cathy Baroody -
 Flower Committee
 H & S Diakonissa Barbara Fleshman - Hondros family
 H & S Ronald Farrah **86 Years** - Family
 H & S Alexander Battey - Family
 H & S Phillip Battey - Family
 H & S Maureen Hannan & family - Phillip & Mary Battey
 H & S Sonia Moreno & family - Phillip & Mary Battey
 H & S Eliza Hamilton - Family
 H & S Margot Karczewski - Family
 H & S Carole Miller - Hondros family
 H & S Rebecca Olt - Hondros family
 H & S Michael Suseck - Georgianna Kostak
 H & S Alexandra Suseck - Georgianna Kostak
 H & S Bridget & John Kidd - Family
 H & S Catherine & Clare Polis - Family
 H & S Kristen Berg - Family
 H & S Irene Starrs - Family
 H & S Stephen Brown - Joseph & Sheryl Gangi
 H & S Mary Hamilton - Family
 H & S Eileen Mary Jackson - Family
 H & S Mary Baroody - Family
 H & S David Kalil - Family
 + Hieromonk Philaret Littlefield
 + Mabel Farrah - Family
 + Guadalupe Garcia - Phillip & Mary Battey
 + James Edward Hannan - Phillip & Mary Battey
 + George Malouf - George & Joan Abraham
 + Henry Murad - Family
 + Anne Gallagher - Family
 + Caynaan Saah - Family
 + Elizabeth & Elsie Ashooh - Family
 + George Tabash - Family
 + Reema Samaha - Family
 + Scott Johnson - Family
 + George Polis - Family
 + Edward & Ruth Byrnes - Family
 + Nicholas Polis - Family
 + Kalil Wakim - Family
 + Robert Shalhoub - Family
 + Robert Karczewski - Family

Schedule at a Glance

Sunday, July 31	Baptism, 9:15 PM Divine Liturgy, 10:30 AM
Monday, August 1	Paraklesis, 6:30 PM
Wednesday, August 3	Paraklesis 6:30 PM
Friday, August 5	Vespers for Feast of Holy Transfiguration
Saturday, August 6	Holy Transfiguration Divine Liturgy, 10:30 AM Vespers 6:00 PM
Sunday, August 7	Orthros, 9:15 PM Divine Liturgy, 10:30 AM

A REMINDER to please take the precautionary guidelines for Covid protocol seriously. Care for our neighbor is our chief concern.

THE FAST OF THE THEOTOKOS takes place the first two weeks in August in preparation for the feast of the Dormition. The fast is just like Great Lent, but on the feast of the Transfiguration, August 6, fish and olive oil are allowed.

IF YOU HAVE NAMES OF THE LIVING (baptismal names only, please) that you would like commemorated during the Paraklesis services chanted during the Dormition fast, please give them to Deaconess Melissa during coffee hour. Please see the Schedule at a Glance section in this bulletin for the schedule of services.

ADULT CATECHESIS AT HOLY TRANSFIGURATION The Adult Catechesis team will begin a new series on Sunday, July 31st. Although this series is designed to prepare our catechumens for entrance into the Church, all interested parishioners are welcome. Newer members of our community who have come from a Latin Catholic background are especially encouraged to attend. Please join us in the baptistery at 12:15 on Sunday, July 31st for our first session.

MIDDLE EASTERN FOOD FESTIVAL COOKING DAYS ARE HERE! Please join us to make the delicious sweets and other traditional foods for this year's Festival. We would like to extend a special invitation to all new members of the parish to join us! What a wonderful opportunity to help preserve time-honored traditions while learning new culinary skills and making friends! No special skills are needed—just a willingness to help!

For more information or to volunteer to help, contact Lani Kanakry at 703-200-6416 or kanakry@cox.net. You can also sign up to help at the following link:

<https://www.signupgenius.com/go/8050a4da5a62c7-2022>

Please note: Since Covid has not gone away and we are working with food, we ask that all volunteers wear masks and bring their own lunches.

- Sat. Aug 13 (starting at 9 AM): Baklava (Samira & Melanie Graves-co-leaders)

FOOD FESTIVAL VOLUNTEER SIGN-UPS ARE HERE! Throughout July & August, sign-up sheets will be available in church after liturgies for week- and day-of Food Festival sign-ups. Watch your email (if you are on the parish list) for online sign-ups coming very soon.

As always, we will be seeking to fill a big list of volunteer slots, especially as we are back in full force this year. Most positions have no experience necessary. We need your help in welcoming the wider community to our church!

If you have any questions about volunteering or would like access to online sign-ups, please reach out to Emily Bickl: emily.c.bickl@gmail.com We look forward to seeing you at the sign-up tables!

NEW FESTIVAL CALL FOR VOLUNTEERS: ROAD SIGNS Subdeacon Anson will be leading volunteers putting up road signs in the weeks & days ahead of the Food Festival. Near the end of August, many hands will be needed to put signs in the ground along the major roadways leading to the church. To volunteer, please speak to Subdeacon Anson, sign up at the tables, or see our online sign-ups (QR codes in the Church Hall).

AGAPE MEALS We have created an online sign up for anyone who would like to volunteer to bring an agape meal after services. Please go to the following link to access it: <https://www.signupgenius.com/go/10c0f4daca72ba5fdc61-agape>

Not every service needs to have an agape meal, but we are grateful when there are volunteers. Please remember that if you are signing up to bring a meal, you are also signing up for the clean up afterwards (the instructions for those are attached to the webpage). We also ask that you please do your best to finish cooking before the service starts so that you can join us in the church during the service itself. If you would like to sign-up with a group, please feel free to do so! "Let brotherly love continue. Do not neglect to show hospitality to strangers, for

thereby some have entertained angels unawares." - Hebrews 13:1-2

Planning on Marriage at Holy Transfiguration?

1. Please contact the rectory and arrange to meet with Father Mark at least six months before the planned date of the Rite of Crowning or the Blessing of the Marriage for counseling and direction.
2. Participation of the couple in Holy Transfiguration's two-month marriage preparation program is expected prior to the Rite of Crowning or the Blessing of a Marriage.

A Study in the Book of Psalms

دراسة في سفر المزامير

A Weekly Online Study led by
Fr. Ephrem I. Handal

English Bible Study, Tuesdays 7 PM - 8 PM

Arabic Bible Study, Thursdays 7 PM - 8 PM

Arabic & English Zoom Conference Meeting Link:

<https://us02web.zoom.us/j/89222971400?pwd=OHZlZm84eVlsYm43UU52UFN2KzJsOT09>

Meeting ID: 892 2297 1409

Passcode: Melkite

For further information, contact Fr. Ephrem at
ephandal50@gmail.com

ALCOLYTES – all men of the parish, young and not so young, who would like to serve the liturgy as an acolyte, email Subdeacon Anson at Men@MelkiteMen.org to be placed on the schedule. Requirements for acolytes are at least 10 years old (specific exceptions can be made for younger boys) and able to attend scheduled acolyte formation. This is a beautiful service to the church whether 10 years old or 50 years old.

THE MELKITE MEN – We are the men of the Holy Transfiguration Church who gather together for koinonia (κοινωνία); enjoying the company of other real men doing real men things - Orthodox praying, big bonfires, food, beverages & spiritual growth. Our koinonia is open to all men - Melkite or not, parishioners or not. Join us every first Saturday of the month. Our next meeting is Saturday August 6, 2022.

Meeting Schedule

- 6:00 PM Vespers
- 6:45 PM Agape Meal
- 7:30 PM Spiritual Talk – “The Transfigured Life: the basis of Eastern Christianity”
- 7:45 PM Koinonia & Fire
- 9:00 PM Conclusion

For more information, contact Subdeacon Anson or Men@MelkiteMen.org