

**Holy Transfiguration
Melkite Greek-Catholic Church**

8501 Lewinsville Road, McLean, VA 22102

Parish Office: 703-734-9566

Parish Email: office@holytransfiguration.org

Livestream & Past Recordings: youtube.com/c/HolyTransfigurationMelkiteGreekCatholicChurch

Rt. Rev. Mark Melone: 703-734-9198
papamarcopastor@gmail.com

Rev. David Baroody: 703-795-3304
abounadavidbaroody@outlook.com

Deacon David Black: 202-577-3235

Deacon Joseph Olt: 240-651-0103

Deacon Steven Rosenzweig: 530-848-3161

H&S Presbyter David Baroody - Sunday School
H&S Norma Daho, who offers the Holy Oil
H&S Clayton & Nancy Baird - Attal Family
H&S Aaron Handal - Family
H&S Louise Chrissos – Rosenbaum family
H&S Rita Melone - Family
H&S Kristen Berg - Family
H&S John Skliras - Hondros family
H&S Miles Hamilton - Family
H&S Vic & Kathleen Lohman - Brian Lohman
H&S George & Joan Abraham - Family
H&S Ashley Attal - Family
H&S Clayton & Nancy Baird - Family
H&S Louise Chrissos - Family
H&S Issam Daho - Norma Daho
H&S Walter Davis - Lisa Thayer
H&S Christopher Kanakry - Family
H&S Salim Kanakry - Family
H&S Jeanne Rosenbaum - Family
H&S Lorraine Shields- Family
H&S William Gray – Attal family
+Presbyter Anselm Moynihan – Monique Murray
+Gino Trotta - Family
+Anne Gallagher - Family
+Caynaan Saah - Family
+Kalil Wakim- Family
+Mary Baroody- Family
+Kristina DiGregori - Family
+George Tabash - Family
+Thomas & Lily Murray - Family
+Paul & Gertrude McBride- Family
+Ellen Murray - Family
+John J. Murray Jr. - Family

Schedule at a Glance

Sun. March 10	St. John Climacos Sunday School/Orthros, 9:15 AM Divine Liturgy, 10:30 AM Divine Liturgy, 10:30 AM (Annapolis)
Mon. March 11	Presanctified Liturgy, 6:30 PM
Tues. March 12	Vespers, 6:30 PM
Wed. March 13	Presanctified Liturgy, 6:30 PM
Thurs. March 14	Great Kanon of St. Andrew, 6:30 PM
Fri. March 15	Akathist 5, 6:30 PM
Sat. March 16	Divine Liturgy, 10:30 AM Vespers, 6:00 PM
Sun. March 17	St. Mary of Egypt Sunday School/Orthros, 9:15 AM Divine Liturgy, 10:30 AM

THE IDEAL IS SET BEFORE US – The Holy Canons specify the following from sundown of Cheesefare Sunday to Holy Pascha:

- ABSTINENCE of meat (including poultry), meat products, dairy products, fish, olive oil, and wine.
- NO ABSTINENCE of shellfish, fruit, vegetables, vegetable products.

During this time, Orthodox Christians regulate both the amount of food they eat and the number of times they eat each day. In other words, no food should be eaten between meals and at mealtimes only a small portion of food should be eaten. On Saturdays and Sundays during the Great Lent the quantity and number of times food is eaten is not restricted and olive oil and wine may be taken.

LIVESTREAM DURING GREAT LENT The following will be the streamed services during Great Lent and Great Week:

- First week of Great Lent - All Lenten services will be streamed.
- Through Great Lent - All Wednesday and Friday services will be streamed, plus the Great Canon of St. Andrew.

ANNUNCIATION FEAST DAY LENTEN AGAPE, Monday March 25th following Divine Liturgy. Everyone is welcome but RSVP is required. Please sign up in the church hall at Diakonissa Melissa’s desk or email the Ladies Guild at ladiesguildht@gmail.com by Monday, March 18th with your family name, number of adults and children attending. Thank you!

- From Lazarus Saturday through Pascha - All services will be streamed.

THE ANNAPOLIS MISSION has a new home. Divine Liturgy will be served today, March 10, at 10:30 AM at St. Mary Teams & Ministry House (1930 N. Lawrence Ave., Annapolis, MD 21401.

PARISH CLEANUP – “Zeal of Your house consumed me” (Psalm 68:10). Please join us with some of your zeal for God’s house on Saturday, March 16th, following Divine Liturgy to clean the church for Pascha. Many hands make the work light. You are welcome to help as much or as little as you can. Even children are welcome to help. A meal will be provided after Divine Liturgy, and then the work begins. For more information or to volunteer, please contact Deacon Joseph.

Let our hearts and minds be united in prayer as we walk our Lenten journey together! The Ladies Guild invites all women of the parish to join us at the conclusion of all Lenten Akathist services as we gather around the icon of the Mother of God for a prayer reflection. *Most Holy Theotokos, save us!*

REMINDER - FLOWER DONATIONS ARE STILL BEING ACCEPTED FOR THE 2024 LITURGICAL YEAR! Please consider choosing a feast day or two to contribute to the beautiful flowers that adorn our church. Flower donation forms will be available in the narthex, or you may email flowers@holytransfiguration.org to receive a form. Donations (cash/checks made out to Holy Transfiguration Church) may be given to Emily Bickl or may be mailed to the church (attn: Emily Bickl). Thank you so much for your generosity and may God "sanctify those that love the beauty of Thy house."

FLOWERS FOR PASCHA 2024 - In keeping with the custom of offering flowers for the living & reposed and having them remembered during Divine Liturgy, we encourage you to make a donation for the beautification of our church for Pascha. Pascha Flowers donation forms are available in the narthex. Donations (cash/checks made out to Holy Transfiguration Church) may be given to Emily Bickl or may be mailed to the church (Attn: Emily Bickl). Donation FORMS with names can be handed in, mailed, or emailed to flowers@holytransfiguration.org, and must be received by Thursday 3/28.

IT’S TAX TIME AGAIN, and for those individuals that need a tax letter from Holy Transfiguration, a letter is needed for any contribution of \$250 or more. For those so inclined to understand this part of the tax code, please go to IRS.GOV and query "Topic no. 506, Charitable contributions". Send your request via email

to: accounting@holytransfiguration.org Please add your physical address as that is needed for your Contribution Letter.

CONCERNING CONFESSION – Confessions are not available during The Introductory Psalm of Vespers, the Hexapsalm of Orthros, and during any reading from Scripture or homily at any Divine Service, and at Divine Liturgy once the Entrance with the Gospel Book takes place. Please feel free to make arrangements with any of the priests for confession or spiritual counseling at another time.

A REMINDER When in Church, we are in the presence of the Lord of All, a Place of Awe. We dress and act appropriately. Avoid idle chatter. Please silence cellphones. No recording or photography is allowed without the express permission of the priest. No snacks or drink in church. Modest, appropriate, respectful attire is the norm. Shorts are not appropriate for adults.

Planning on Marriage at Holy Transfiguration?

1. Please contact the rectory and arrange to meet with Father Mark at least six months before the planned date of the Rite of Crowning or the Blessing of the Marriage for counseling.
2. Participation of the couple in Holy Transfiguration's two-month marriage preparation program is expected prior to the Rite of Crowning or the Blessing of a Marriage.



This bulletin is sponsored by anonymous.

