

**Holy Transfiguration
Melkite Greek-Catholic Church**

8501 Lewinsville Road, McLean, VA 22102

Parish Office: 703-734-9566

Parish Email: office@holytransfiguration.org

Livestream & Past Recordings: youtube.com/c/HolyTransfigurationMelkiteGreekCatholicChurch

Rt. Rev. Mark Melone: 703-734-9198
papamarcopastor@gmail.com

Rev. David Baroody: 703-795-3304
abounadavidbaroody@outlook.com

Deacon David Black: 202-577-3235

Deacon Joseph Olt: 240-651-0103

Deacon Steven Rosenzweig: 530-848-3161

H&S Presbyter David Baroody - Family
H&S Josh & Emily Bickl - Melanie Graves
H&S Samara Brown - Zaynab Irshad
H&S Costas Chrissos - Philip Rosenbaum
H&S James & Kimberly Metzger - Family
H&S Zoe Alexia Ortiz - Melanie Graves
H&S Rita Melone - Family
H&S Kristen Berg - Family
H&S John Skliras - Hondros family
H&S Miles Hamilton - Family
H&S Vic & Kathleen Lohman - Brian Lohman
H&S George & Joan Abraham - Family
H&S Ronald Hamrah - Family
+Presbyter Ephrem **MEMORIAL 1-Year** - Family
+Deacon David Herr- Family
+Nader Kanazeh **MEMORIAL** - Margaret and Peter & Randa Tabri
+Neva Farrah - Mary Farrah
+Anne Gallagher - Family
+Caynaan Saah - Family
+Kalil Wakim- Family
+Mary Baroody- Family
+Kristina DiGregori - Family
+George Tabash - Family
+Thomas & Lily Murray - Family
+Paul & Gertrude McBride- Family
+Ellen Murray - Family
+John J. Murray Jr. - Family

Schedule at a Glance

Sun. March 17	St. Mary of Egypt Sunday School/Orthros, 9:15 AM Divine Liturgy, 10:30 AM Divine Liturgy, 10:30 AM (Annapolis)
Mon. March 18	Presanctified Liturgy, 6:30 PM
Tues. March 19	Vespers, 6:30 PM
Wed. March 20	Life of St. Mary of Egypt, 6:30 PM
Thurs. March 21	Presanctified Liturgy, 6:30 PM
Fri. March 22	Presanctified Liturgy, 6:30 PM
Sat. March 23	Lazarus Saturday Divine Liturgy, 10:30 AM Vespers, 6:00 PM
Sun. March 24	Palm Sunday Sunday School/Orthros, 9:15 AM Divine Liturgy, 10:30 AM Vespers for Holy Annunciation, 6:30 PM

THE IDEAL IS SET BEFORE US – The Holy Canons specify the following from sundown of Cheesefare Sunday to Holy Pascha:

- **ABSTINENCE** of meat (including poultry), meat products, dairy products, fish, olive oil, and wine.
- **NO ABSTINENCE** of shellfish, fruit, vegetables, vegetable products.

During this time, Orthodox Christians regulate both the amount of food they eat and the number of times they eat each day. In other words, no food should be eaten between meals and at mealtimes only a small portion of food should be eaten. On Saturdays and Sundays during the Great Lent the quantity and number of times food is eaten is not restricted and olive oil and wine may be taken.

LIVESTREAM DURING GREAT LENT The following will be the streamed services during Great Lent and Great Week:

- First week of Great Lent - All Lenten services will be streamed.

ANNUNCIATION FEAST DAY LENTEN AGAPE,

Today is the last day to sign up for the Annunciation Feast Day Lenten Agape Meal, Monday March 25th following Divine Liturgy. Please sign up in the church hall at Diakonissa Melissa's desk or email the Ladies Guild (ladiesguildht@gmail.com) with your family name, number of adults and children planning to attend. Thank you!

A HUGE THANK YOU to those who come to parish cleanup on Saturday. Many hands made the work light, and now our church looks beautiful for Pascha

- Through Great Lent - All Wednesday and Friday services will be streamed, plus the Great Canon of St. Andrew.
- From Lazarus Saturday through Pascha - All services will be streamed.

in church. Modest, appropriate, respectful attire is the norm. Shorts are not appropriate for adults.

REMINDER - FLOWER DONATIONS ARE STILL BEING ACCEPTED FOR THE 2024 LITURGICAL YEAR! Please consider choosing a feast day or two to contribute to the beautiful flowers that adorn our church. Flower donation forms will be available in the narthex, or you may email flowers@holytransfiguration.org to receive a form. Donations (cash/checks made out to Holy Transfiguration Church) may be given to Emily Bickl or may be mailed to the church (Attn: Emily Bickl). Thank you so much for your generosity and may God "sanctify those that love the beauty of Thy house."

Planning on Marriage at Holy Transfiguration?

1. Please contact the rectory and arrange to meet with Father Mark at least six months before the planned date of the Rite of Crowning or the Blessing of the Marriage for counseling.
2. Participation of the couple in Holy Transfiguration's two-month marriage preparation program is expected prior to the Rite of Crowning or the Blessing of a Marriage.

FLOWERS FOR PASCHA 2024 - In keeping with the custom of offering flowers for the living & reposed and having them remembered during Divine Liturgy, we encourage you to make a donation for the beautification of our church for Pascha. Pascha Flowers donation forms are available in the narthex. Donations (cash/checks made out to Holy Transfiguration Church) may be given to Emily Bickl or may be mailed to the church (Attn: Emily Bickl). Donation FORMS with names can be handed in, mailed, or emailed to flowers@holytransfiguration.org, and must be received by Thursday 3/28.

IT'S TAX TIME AGAIN, and for those individuals that need a tax letter from Holy Transfiguration, a letter is needed for any contribution of \$250 or more. For those so inclined to understand this part of the tax code, please go to IRS.GOV and query "Topic no. 506, Charitable contributions". Send your request via email to: accounting@holytransfiguration.org Please add your physical address as that is needed for your Contribution Letter.

CONCERNING CONFESSION – Confessions are not available during The Introductory Psalm of Vespers, the Hexapsalm of Orthros, and during any reading from Scripture or homily at any Divine Service, and at Divine Liturgy once the Entrance with the Gospel Book takes place. Please feel free to make arrangements with any of the priests for confession or spiritual counseling at another time.

A REMINDER When in Church, we are in the presence of the Lord of All, a Place of Awe. We dress and act appropriately. Avoid idle chatter. Please silence cellphones. No recording or photography is allowed without the express permission of the priest. No snacks or drink

This bulletin is sponsored by anonymous.

